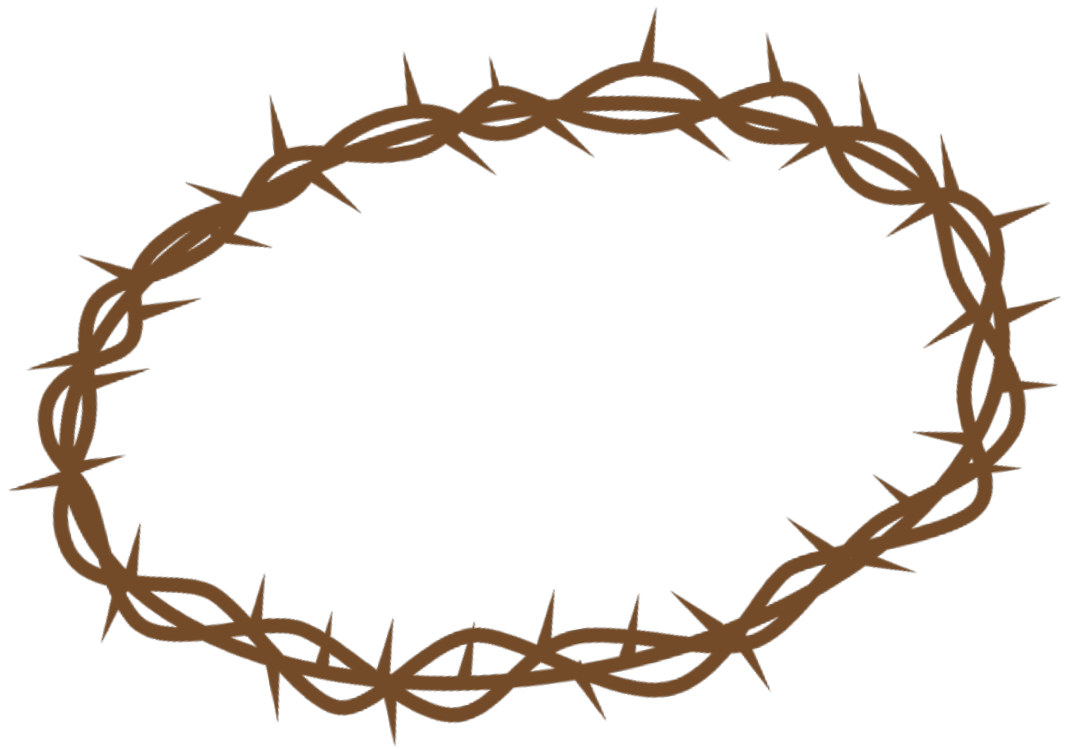


Your Morning Basket



LITURGICAL YEAR MORNING TIME PLANS

Lent

BY GENIE SHAW AND PAM BARNHILL

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Cover and design by Pam Barnhill.

HOW TO USE THESE PLANS

Thanks so much for downloading our Lenten Morning Time plans. Our hope is that these plans will guide you as you do Morning Time with your family. While they can be followed to the letter, they are much better adapted to your family's preferences and needs. Move subjects around, add your own special projects, or leave subjects out entirely. These are meant to be helpful, not stressful.

The poems, prayer, and memorization sheets in this introductory section can be copied multiple times for your memory work binders. Feel free to print as many as you need.

COMPANION WEB PAGE

For links to all the books, videos, resources, and tutorials in these plans, please visit: [Lenten Morning Time Plans](#)

CHOOSING A SCHEDULE

We have included two different schedules for you to choose from. You can choose the regular weekly grid that schedules the subjects onto different days for you, or you can choose the loop schedule option.

With the loop schedule you will do Prayer and Memorization daily. Work on each Scripture until your family has it memorized and then move on to the next.

After Prayer and Memorization each day choose one to three other activities from the Loop List. Skip the ones you don't want to do and keep track by checking off the subject square.

SUBJECT BY SUBJECT

Prayer - Read the entire prayer each day of the week. After a couple of days have children recite with you what they know. You will be surprised how quickly they learn it.



The same prayer is said every day each week except Fridays when the partially indulged Prayer Before a Crucifix is used. St. Bridget's Prayer for Good Friday is provided for the whole of Week 7. Other prayers for this term include: The Collect for Ash Wednesday, the Anima Christi, the Litany of St. Joseph, and the Three O'Clock Prayer given to St. Faustina.

Hymns - Three Lenten hymns have been chosen for your family to sing and learn this term: "Lord Who Throughout These Forty Days," "O Sacred Head Sore Wounded," and "When I Survey the Wondrous Cross (Rockingham)." Links are provided for the music and text. Your family can sing through the first verse of the hymn every day, then add one verse for each additional week it is assigned.

Memorization - I have selected two Scripture passages related to the Crucifixion of Christ and the closing prayer from the Angelus for memorization during Lent. The first passage, found in the book of John, is taken from Jesus' visit with the Pharisee, Nicodemus. Week 4 is where we look at the final Angelus prayer that calls to mind Christ's earthly life, from the Incarnation to the Resurrection. Lastly, the Scripture passage for the remaining three weeks of Lent draw from Isaiah's Messianic Prophecies.

You can also access [Your Morning Basket Episode 2](#) for more memorization help or try a new memory technique by listening to [Your Morning Basket Episode 24](#).

Scripture Reading - The daily Mass readings are assigned for every day except Day 4 when the reading for the following Sunday is substituted. These readings can be found at the website for the [United States Conference of Catholic Bishops](#), [EWTN](#), [Universalis](#), or any source of your own choosing.

Daily Saint - Each day there is a spot scheduled for reading about the saint of the day. We have included an index listing the saint for each day as well as linking to information online about that saint. You may use that, your favorite source, or choose from the following suggestions. If you sign-up at [Catholic Online](#) they will send you the daily Saint by email. [Franciscan Media](#) is another available option. Finally, [Saint of the Day for Kids](#) is an app that includes a coloring page for each Saint.



NEEDED RESOURCES AND SUPPLIES

If an additional resource is needed to complete the subject, we have listed it below. Many of these resources will be used again in future Morning Time plans.

If you choose not to use a particular resource, you can omit that subject from your plans or make your own substitution. Be sure to check your library for some of these resources as well.

We have included links to these for easy access on the [resource page](#) for these plans.

Nature Study	<i>Fruits and Nuts</i>
Art Tutorials	<i>Easter Chalk Pastel Art for All Ages</i>
Books	Use the links on the resource page to purchase our selections, find them at your library using the printable book list, or substitute something similar from your bookshelf.

ART SUPPLIES

- Paper
- Chalk pastels
- Baby wipes or damp paper towels
- Pen
- Pencil



PRINTABLE BOOK LIST

Do Re Mi: If You Can Read Music, Thank Guido D'Arezzo by Susan Roth

A Child's Guide to the Beatitudes by Kathy DellaTorre O'Keefe

Pick, Pull, Snap! Where Once a Flower Bloomed by Lola Schaefer

Our Apple Tree by Gorel Kristina Naslund

The Spotty Dotty Daffodil by Rose Mannering

Donkey Trouble by Ed Young

The Donkey of Gallipoli: A True Story of Courage in World War I by Mark Greenwood

Humphrey's First Palm Sunday by Carol Heyer

The Littlest Donkey: A Palm Sunday Story by Natalie J Totire

Jamberry by Bruce Degan

Blueberries for Sal by Robert McCloskey

Jam and Jelly by Holly and Nellie by Gloria Whelan

The Weight of a Mass by Josephine Nobisso

Jesus Speaks to Me About the Mass by Angela M. Burrin

Fruits and Seeds by David Schwartz

The Tiny Seed by Eric Carle

The Watermelon Seed by Greg Pizzoli

Mary, Mother of Jesus by Mary Joslin

Musical Genius: A Story about Wolfgang Amadeus Mozart by Barbara Allman

Famous Children Mozart by Ann Rachlin



THE ANGELUS CLOSING PRAYER

Let us pray:

Pour forth, we beseech Thee, O Lord,
Thy grace into our hearts;
that we, to whom the incarnation of Christ, Thy Son,
was made known by the message of an angel,
may by His Passion and Cross
be brought to the glory of His Resurrection,
through the same Christ Our Lord.
Amen.

ANNUNCIATION

by John Donne

Salvation to all that will is nigh;
That All, which always is all everywhere,
Which cannot sin, and yet all sins must bear,
Which cannot die, yet cannot choose but die,
Lo, faithful virgin, yields Himself to lie
In prison, in thy womb; and though He there
Can take no sin, nor thou give, yet He will wear,
Taken from thence, flesh, which death's force may try.
Ere by the spheres time was created, thou
Wast in His mind, who is thy Son and Brother;
Whom thou conceivst, conceived; yea thou art now
Thy Maker's maker, and thy Father's mother;
Thou hast light in dark, and shutst in little room,
Immensity cloistered in thy dear womb.



WEEK 2	Day 1	Day 2	Day 3	Day 4	Day 5
Prayer	Anima Christi				Prayer before a Crucifix (partially indulged)
Hymn	Lord, Who Throughout These Forty Days				
Memorization	John 3:16-18				
Scripture Reading	Daily Readings	Daily Readings	Daily Readings	Mass Preparation: Readings for the 2nd Sunday of Lent	Daily Readings
Daily Saint	Saint of the Day	Saint of the Day	Saint of the Day	Saint of the Day	Saint of the Day
Poetry	"The Donkey" by G. K. Chesterton				
Fine Arts		Music: Gibbons - <u>Hosanna to the Son of David</u> Orlando Gibbons Biography	Picture Study: Fra Angelico - <u>Entry into Jerusalem</u>	Art: Easter Chalk Pastels - Palm Branch Supplies - paper, chalk pastels, wipes	
Nature Study				Fruits and Nuts - Discuss the A Bit of Background section pg. 11. Complete the first, fourth, and fifth activity on pg. 14. Record and draw your findings in your Nature Journal.	
Picture Books	<i>Donkey Trouble</i> <i>The Donkey of Gallipoli: A True Story of Courage in World War I</i>	<i>Humphrey's First Palm Sunday</i>	<i>The Littlest Donkey: A Palm Sunday Story</i>	<i>Jamberry</i>	<i>Blueberries for Sal</i> <i>Jam and Jelly by Holly and Nellie</i>
Chapter Book Reading Suggestions: Charlotte's Web (4-6) OR Rabbit Hill (3-4) OR Amon's Adventure (follow the plan)					

LOOP SCHEDULE

DAILY SUBJECTS		
Prayer	<p>Week 1: Collect for Ash Wednesday</p> <p>Weeks 2 & 3: Anima Christi</p> <p>Week 4: Litany of St. Joseph (partially indulged)</p> <p>Week 5-6: The Three O'Clock Prayer</p> <p>Week 7: St Bridget's Prayer for Good Friday (3 souls released from Purgatory, 33 on Good Friday)</p> <p>Fridays: Prayer before a Crucifix (partially indulged)</p>	
Memorization	<p>John 3:16-18</p> <p>The Angelus' Closing Prayer</p> <p>Isaiah 53:4-7</p>	
Scripture Readings	<p>Read the daily readings for each day (as much as is appropriate for your family).</p> <p>Thursdays read the Sunday readings and discuss them in preparation for Mass.</p>	
Saint of the Day	Read about the saint for each day from the Saint Index or your other favorite source	
LOOP SUBJECTS		
Subject	Activity	Related Picture Books
Poetry	"The Daffodils" by William Wordsworth	
Hymn	<u>Lord, Who Throughout These Forty Days</u>	
Music Appreciation	<p>Allegri - <i>Miserere mei, Deus</i></p> <p>"Tonus Peregrinus"</p> <p><u>San Fransisco Symphony Program Notes</u></p>	<i>Do Re Mi: If You Can Read Music, Thank Guido D'Arezzo</i>
Picture Study	Fra Angelico - <u>The Sermon on the Mount</u>	<i>A Child's Guide to the Beatitudes</i>
Art	<u>How to draw a daffodil</u>	<i>The Spotty Dotty Daffodil</i>
Nature Study	Fruits and Nuts: Discuss the Inspiration Point section on pg. 10. Complete the first activity on pg. 13 using your nature journal and the "My Tree Through the Year" notebooking sheet on pg. 48.	<p><i>Pick, Pull, Snap! Where Once a Flower Bloomed</i></p> <p><i>Our Apple Tree</i></p>